

# KENT MOUNTAIN CENTRE RISK BENEFIT ASSESSMENT:

## Sea Kayaking Journey (includes use of Sit-on-Tops on the sea)

Compiled by: Jez Hayes and Mary Tansell Date: 01 January 2019

### Benefits to Participants:

- Improve teamwork and communication
- Improve physical and mental wellbeing through activity and sharing common purpose with others
- Develop leadership skills and initiative
- Develop relationships with others
- Acquire a skill
- Improve confidence
- Appreciate the natural environment
- Develop resilience
- Raise self-esteem
- Enhance curriculum specific learning
- Create transferable learning to improve outcomes in future at school and in work

Process/ Operation	Affecting	Potential Risk	Control process to manage	Residual risk	Risk Benefit Analysis
Manual handling lifting emptying carrying	All	Low	Group briefing and careful monitoring	Low	positive
Hypothermia	All	Low	Appropriate clothing and briefing	Low	positive
Entrapment leading to drowning	All	Low	Clear briefing and demonstration, monitoring	Low	positive
Problems with rescuing very large people	All	Low	Rescue Strops/reasonable limits	Low	positive
Being run down by powered craft	All	Low	group management, observation and venue choice	Low	positive
Eye damage sun/water glare	All	Low	Briefing, encourage use of sunglasses, particularly on bright days	Low	positive

**DELIVERY:** TO BE DELIVERED AS PER OPERATING PROCEDURES

**OPERATING PROCEDURES:** The operating procedure document is to be read with this assessment by instructors.

This Assessment to be reviewed by (Date): 01 January 2020