

# KENT MOUNTAIN CENTRE RISK BENEFIT ASSESSMENT:

## Kayaking on Moving Water

Compiled by: Jez Hayes and Mary Tansell Date: 01 January 2019

### Benefits to Participants:

Improve teamwork and communication

Improve physical and mental wellbeing through activity and sharing common purpose with others

Develop leadership skills and initiative

Develop relationships with others

Acquire a skill

Improve confidence

Appreciate the natural environment

Develop resilience

Raise self-esteem

| Process/ Operation                    | Affecting | Potential Risk | Control process to manage   | Residual risk | Risk Benefit Analysis |
|---------------------------------------|-----------|----------------|---|---------------|-----------------------|
| Manual handling, lifting and emptying | All       | Low            | Clear briefing and demonstration  | LOW           | Positive              |
| Entrapment leading to Drowning        | All       | LOW            | Clear briefing and demonstration Coaches are trained and assessed to make judgements and manage the group so as to minimise this risk | LOW           | Positive              |
| Knocks especially to head             | All       | LOW            | Helmets to be worn. Coaches are trained and assessed to make judgements and manage the group so as to minimise this risk              | LOW           | Positive              |
| Cuts and scrapes                      | All       | MEDIUM         | All instructors are aware of this lakeside hazard and manage/brief groups accordingly   | LOW           | Positive              |
| Hypothermia                           | All       | LOW            | Appropriate briefing from Instructor. Weather taken into consideration  | low           | Positive              |
| Eye damage from sun / water glare     | All       | LOW            | Appropriate briefing from Instructor  | LOW           | Positive              |

|  |  |     |                                      |     |          |
|--|--|-----|--------------------------------------|-----|----------|
| Eye in juries in low bushes                      | All  | LOW | Appropriate briefing from Instructor | LOW | Positive |
| <b>DELIVERY:</b>                                 | <b>TO BE DELIVERED AS PER OPERATING PROCEDURES</b>   |     |                                      |     |          |
| <b>OPERATING PROCEDURES:</b>                     | <b>The operating procedure document is to be read with this assessment by instructors.</b> |     |                                      |     |          |
| <b>This Assessment to be reviewed by (Date):</b> | <b>01 January 2020</b>   |     |                                      |     |          |