

# KENT MOUNTAIN CENTRE RISK BENEFIT ASSESSMENT:

## Canoeing - moving water

Compiled by: Jez Hayes and Mary Tansell Date: 01 January 2019

### Benefits to Participants:

Improve physical and mental wellbeing through activity and sharing common purpose with others

Develop leadership skills and initiative

Develop relationships with others

Acquire a skill

Improve confidence

Appreciate the natural environment

Develop resilience

Raise self-esteem

Create transferable learning to improve outcomes in future at school and in work

Process/ Operation	Affecting	Potential Risk	Control process to manage	Residual risk	Risk Benefit Analysis
manual handling lifting/carry/empty boats	All/Students/ Visiting Leaders /Instructors	Low	full and considered briefing to participants	Low	Positive
Entrapment leading to drowning	All/Students/ Visiting Leaders /Instructors	Medium	a full and considered briefing to participants. Specific group management and route choices	Low	Positive
knocks, especially to head	All/Students/ Visiting Leaders /Instructors	Medium	a full and considered briefing to participants. Specific group management and route choices. Helmets worn	Low	Positive
Cuts and scrapes	All/Students/ Visiting Leaders /Instructors	Low		Low	Positive
Hypothermia	All/Students/ Visiting Leaders /Instructors	Low	observation and vigilance	Low	Positive

**DELIVERY:** TO BE DELIVERED AS PER OPERATING PROCEDURES

**OPERATING PROCEDURES:** The operating procedure document is to be read with this assessment by instructors.

This Assessment to be reviewed by (Date):

01 January 2020