

KENT MOUNTAIN CENTRE RISK BENEFIT ASSESSMENT:

Abseiling

Assessed by: Jez Hayes and Mary Tansell Date: January 2019

Benefits to Participants:

Improve physical and mental wellbeing through activity and sharing common purpose with others

Acquire a skill

Improve confidence

Appreciate the natural environment

Develop resilience

Raise self-esteem

Personal challenge

Process/ Operation	Affecting	Potential Risk	Control process to manage	Residual risk	Risk Benefit Analysis
Slips, trips and cuts on sharp rocks	All/Students/ Visiting Leaders /Instructors	Medium	Careful briefing and group management, helmets, venue selection	low	positive
Major rockfall	All/Students/ Visiting Leaders /Instructors	low	Careful briefing and group management, helmets, venue selection	low	positive
Minor rockfall	All/Students/ Visiting Leaders /Instructors	Medium	Careful briefing and group management, helmets, venue selection	low	positive
Falls from the top	All/Students/ Visiting Leaders /Instructors	low	Careful briefing and group management, venue selection	low	positive
Falls when students are at the bottom or walking round	All/Students/ Visiting Leaders /Instructors	low	Careful briefing and group management,	low	positive
Slips, swings and inversions	All/Students/ Visiting Leaders /Instructors	low	Careful skills briefing	low	positive
Equipment failure	All/Students/ Visiting Leaders /Instructors	low	equipment assessed in accordance with KMC procedure. Usage inspection prior to session by instructors as appropriate	low	positive

Finger, hair, helmet strap or clothing trapped in equipment	All/Students/ Visiting Leaders /Instructors	low	Careful skill briefing and managed enthusiasm. Instructor vigilance and appropriate equipment set-up	low	positive
OPERATING PROCEDURES:	The operating procedure document is to be read with this assessment by instructors.				
This Assessment to be reviewed by (Date):	January 2020				