

# KENT MOUNTAIN CENTRE RISK BENEFIT ASSESSMENT:

## Kayaking on Moving Water

Compiled by:

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Date:

23/05/2017

### Benefits to Participants:

Improve teamwork and communication

Improve physical and mental wellbeing through activity and sharing common purpose with others

Develop leadership skills and initiative

Develop relationships with others

Acquire a skill

Improve confidence

Appreciate the natural environment

Develop resilience

Raise self-esteem

Process/ Operation	Affecting	Potential Risk	Control process to manage	Residual risk	Risk Benefit Analysis
Manual handling, lifting and emptying	All	Low	Clear briefing and demonstration	LOW	Positive
Entrapment leading to Drowning	All	LOW	Clear briefing and demonstration Coaches are trained and assessed to make judgements and manage the group so as to minimise this risk	LOW	Positive
Knocks especially to head	All	LOW	Helmets to be worn. Coaches are trained and assessed to make judgements and manage the group so as to minimise this risk	LOW	Positive
Cuts and scrapes	All	MEDIUM	All instructors are aware of this lakeside hazard and manage/brief groups accordingly	LOW	Positive
Hypothermia	All	LOW	Appropriate briefing from Instructor. Weather taken into consideration	low	Positive
Eye damage from sun / water glare	All	LOW	Appropriate briefing from Instructor	LOW	Positive

Eye in juries in low bushes	All	LOW	Appropriate briefing from Instructor	LOW	Positive
<b>DELIVERY:</b>	<b>TO BE DELIVERED AS PER OPERATING PROCEDURES</b>				
<b>OPERATING PROCEDURES:</b>	<b>The operating procedure document is to be read with this assessment by instructors.</b>				
<b>This Assessment to be reviewed by (Date):</b>	<b>23/05/2018</b>				